

## May 2023 Serenity Flash Report

### From the Lake-Sumter Central Office

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*Welcome*

Sadly, there are no new volunteers this month to thank. Your help is sorely needed to write a monthly newsletter, oversee financial operations, liaise between groups, change the forwarding phone number daily to the phone worker of the day, and coordinate the 12-Step phone worker schedule. Let June be the month that we welcome five new volunteers to take over these open slots!

*Upcoming Events!*

- ◆ **Central Office Monthly Steering Comm/Rep Meetings** 2nd Weds
- ◆ **District 7 Monthly Meeting** 2nd Thursday
- ◆ **General Service Conference** April 23-29 Brooklyn
- ◆ **Unity Picnic** June 10 Hickory Point Tavares  
Ticket online \$10 + fee, no tickets at the door
- ◆ **FL State Convention** Aug 10-13 Wesley Chapel, FL
- ◆ **National AA Technology Workshop** Sept 8-10 details [naatw.org](http://naatw.org)
- ◆ **General Service Conference** April 23-29 El Paso, TX
- ◆ **Gratitude Cruse** Oct 29-Nov5, Royal Caribbean see flyer in office for details or go to [sobercelebrations.com](http://sobercelebrations.com)
- ◆ **SSAASA** 7 Nov 17-19 Marriott Orlando North

#### Office Hours

10am to 2pm  
Tuesday  
Thursday  
Friday



Having an anniversary this month? We congratulate you! Gateway Foundation offers ideas for alcohol-free ways to celebrate your sobriety anniversary.

- ◆ Organize a Picnic
- ◆ Pamper Yourself with a Spa Day
- ◆ Host a Beach Party
- ◆ Plan a Watch Party at Home for a Netflix Movie
- ◆ Try Something New
- ◆ Indulge in a Scrumptuous Meal
- ◆ Buy a Little Something Special
- ◆ Go on an Adventure
- ◆ Take in a Show or a Great Movie
- ◆ Revel in a Night Sky

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◆ In a letter from AA World Services dated Feb 15, 2023, a price increase of 20% on books and 30% on pamphlets was announced. The last increases occurred in 2014 (18.75%) and 2009 (33.3%). The result was more like 25% and 35+%! The cost to produce these products pre-pandemic was 18.75% but in the last two years rose to 42-56%.

◆ Here at Central Office, we are also feeling the pinch of rising prices and have had to charge our members for all copied materials to defray those costs. Since many people were upset by that charge, *Where and When* will no longer be printed by the office. It is easily printed directly from our website. At the Home Page, scroll down to the brown *Where and When* tab and click on it. Then click on the printer symbol in the upper right hand corner. This document requires legal size paper.

*Contest!*

Let's have some fun with a contest. Here's how it goes.

- ◆ Find the misspelled word in this newsletter
- ◆ Send your response **by email only** to this address.
- ◆ Include your name (first name, last initial)
- ◆ First person to respond with the correct answer wins bragging rights as Lake-Sumter Central Office's best speller and will be announced in next month's Flash Report!

